

## Stay-home Activities - Baking and cooking ideas

Engaging your child in culinary activities is an alternative way to spend time together as a family.

It involves precision – the child can be taught on the basic concept of time and measurements; creativity – shapes, colours, have fun with your child; and your child can grow in confidence too as he/she reaps on the fruits of his/her labour in the kitchen.

Here are some resources that you might find helpful, but the list is not exhaustive. Have fun experimenting with your children! ☺

### Baking recipes:

1. <http://www.bakingmad.com/theme/kids-recipes/>
2. <http://www.bbcgoodfood.com/recipes/collection/kids-baking>
3. <http://www.kidspot.com.au/best-recipes/Kids-cooking+5.htm>

### Cooking recipes:

1. <http://www.realsimple.com/food-recipes/recipe-collections-favorites/kid-friendly-recipes>
2. <http://www.simplebites.net/easy-recipes-that-kids-can-cook/>
3. <http://www.buzzfeed.com/melissaharrison/cooking-with-kids#.oeVWMWQ6Z>

### Other recipes that are interesting:

1. Ice cream without freezer - <http://chemistry.about.com/cs/howtos/a/aa020404a.htm>
2. Rock candy on a stick - <http://kitchenpantryscientist.com/science-on-a-stick-rock-candy/>
3. Homemade fizzy water - <http://www.education.com/activity/article/homemade-fizzy-water/?coliid=799>

